

## Summer Tuckshop Menu 2023

Separate lunch bags for ALL lunches



BREAKFAST: 8:00	)AM- 8:20AM	BRAINFOOD BREA	K: 9:30AM	AFTERNOON SNA
Hot Milo Drinks	\$1.50 \$1.00 - \$2.50	Fresh Fruit Vegie Pack	\$1.00 \$1.50	Flavoured Rice Crackers Fresh Fruit Cheese Stick Pikelet with Jam
	LUNCH: 10	):45AM - 11:45AM		Crackers with real cheese Yoghurt
SANDWICHES		HOT FOOD		
Vegemite, Jam or Honey	\$2.00	Corn on Cob	\$1.40	
Baked Beans or Spaghetti	\$2.30	Garlic Bread	\$2.00	
Egg, cheese or Ham	\$2.70	Wedges	\$2.00	Replaces paper bag
Egg, lettuce, mayo	\$3.00	Ham/Egg Muffin	\$3.00	• Replaces paper bag
Salad	\$4.00	Hot Dog or Pizza	\$3.00	Pre-paid online, no c
(carrot, cucumber, tomato, I	beetroot, lettuce)	Sausage Roll	\$3.00	Faster & more accurate
Tuna	\$3.00	Nuggets (pack of 4 only)	\$3.00	Order in the morning
Chicken or Salmon	\$3.50	Large Pie	\$4.30	<u>9:00AM</u> ) or a week in
Cheese, Egg, Ham & Salad	\$4.50	Macaroni & Cheese Pasta	\$4.70	Registration is ea
Tuna & Salad	\$5.00	Lasagne or Spaghetti	\$4.70	Using any PC
Chicken or Salmon & Salad	\$6.00	Ravioli	\$4.70	www.flexischool
Chicken Salad Wrap	\$5.00	Chicken Burger with 3 salads	\$4.70	
				1. Click <b>Register Now</b> a
				2. You are emailed a line
Sao with Vegemite or Jam	\$0.60	Boiled Egg	\$1.00	Choose your own use & enter your contact of
Sao with Cheese	\$0.80	Popcorn	\$0.80	3. For each child, click 'A
Sao with Cheese & Ham	\$1.00	Packet of Chips	\$1.50	follow the prompts to
		dered <i>WITH</i> above items)	φ1.50	You will be required to top
	•			account.
Bread Roll	\$1.00		•	•
Salad Box Container	\$0.50		\$1.00	
Toasting or Jaffle	\$0.50	<b>U</b> ( )	\$1.00	SPECIAL LUN
DRINKS: All Bi		ICE BLOCK ORDERIN	NG	Mini Wrap (Ham - \$5.00) \$6.00) + 1 Popper + 1 sm
	\$2.40 300ml Ic \$2.40 Pr \$1.50 de \$2.00 <u>Y</u> \$2.00 C	<b>REP - YEAR 1 (0.50c ice blocks C</b> e Block money will no longer be colled arents are to order 50c ice blocks directle elivered to their classroom at Afternoon 5 EAR 2 - 6 (0.50c—\$2.00 ice block hildren purchase their ice blocks directly <i>During wet weather lunches, ice</i>	y from the tucksho Snack Time (1:30 <b>s available for</b> from the tucksho	op <u>before school</u> or <u>online</u> . Th pm). <b>purchase)</b> p during play time (10:45am).

## OON SNACK: 1:30PM

Flavoured Rice Crackers	\$0.40
Fresh Fruit	\$1.00
Cheese Stick	\$1.00
Pikelet with Jam	\$1.00
Crackers with real cheese	\$2.00
Yoghurt	\$2.00

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:	ONLINE ORDERING					
:	Replaces paper bag orders					
	• Pre-paid online, no cash required					
:	Faster & more accurate					
	<ul> <li>Order in the morning (<u>BEFORE</u> <u>9:00AM</u>) or a week in advance</li> </ul>					
:	Registration is easy & free!!					
:	Using any PC, go to					
:	www.flexischools.com.au					
:	1. Click <b>Register Now</b> and enter your email					
••••••	<ol> <li>You are emailed a link to the online form. Choose your own username &amp; password &amp; enter your contact details</li> </ol>					
	3. For each child, click 'Add a Student' & follow the prompts to place an order					
••••••	You will be required to top-up your pre-paid account.					
:						
	SPECIAL LUNCH PACK					
Mini Wrap (Ham - \$5.00) <b>OR</b> (Chicken - \$6.00) + 1 Popper + 1 small piece of Fruit						
room.						
	p <u>before school</u> or <u>online</u> . These will be					



YMCA OUTSIDE SCHOOL HOURS CARE

YMCA OSHC is conveniently located on site at Marsden State School. YMCA OSHC is a place where children are valued. There is always something interesting and exciting to do.

You'll discover a range of age appropriate activities which encourage children to interact with friends, learn life skills, problem solve and be challenged by new experiences in an environment that is safe, fun and relaxed.

Before School Care: 6:30am- 8:30am

After School Care: 2:30pm-6:00pm

Vacation Care & Student Free Days: 6.30am-6.00pm

Children are provided with a nutritious breakfast and afternoon tea.

Call or visit us for more info! Ph. 0436 617 740 or Email: amr@ymcabrisbane.com.au

